

# TREKKER AGREEMENT



## *Our mission:*

*To partner with aid agencies to deliver targeted health activities which benefit the people of Papua New Guinea.*

I, the trekker, understand my financial contribution is to cover the logistical component of the trek including travel (within PNG), accommodation, trek food, porters and guides. The clinical component of the expedition is a voluntary activity. In participating; I commit to do so within the No Roads to Health Code of Conduct (refer below) and adhere to the PNG Clinical Standards (as provided).

I accept that the mentoring of the Community Health Care Workers is a critical component of the expedition and it is imperative the work we do is sustainable.

### **Eligibility**

All clinical participants are required to:

1. Participate in a pre-trek induction
2. Hold a current working with children check
3. Have current AHPRA registration without conditions
4. Successfully obtain professional registration in PNG (facilitated by No Roads to Health)

### **CODE OF CONDUCT**

This Code of Conduct identifies and defines expectations in conduct for all parties involved in No Roads to Health expeditions. Roles of the Clinical Team Leader and Expedition Leader are detailed in the Role Statements attached in the appendices.

### **Safety**

All participants commit to:

- Valuing the safety of ourselves, each other and the people we help
- Understanding that Port Moresby is a high risk area and as such, directions are to be followed from team leaders who will be maintaining a level of situational awareness. No Roads Expeditions may vary the itinerary of expeditions accordingly
- Understanding that HIV is of high prevalence in PNG. Universal precautions are essential.
- Adhering to AusAid's Child Protection Policy - <http://www.ausaid.gov.au/aidissues/childprotection/Documents/ausaid-child-protection-policy.pdf>
- Adhering to AusAid's Gender Equality Strategy - <http://www.ausaid.gov.au/aidissues/Documents/thematic-strategies/gender-equality-strategy.pdf>

### **NOTE:**

Trekkers, under the direction of the trek leaders, will be removed from any clinical situations where it is deemed necessary to ensure the physical and psychological safety of both the trekker and/or patient.

### **Respect**

All participants commit to:

- Treating each other with courtesy, sensitivity, tact, consideration and humility and listen to the opinions of others although we may disagree
- Respecting the Community Healthcare Workers (CHW's) in their environment and understanding this will vary from your own values and standards (both personally and professionally)
- Ensuring their own behaviours are personally respectful and non-threatening to other team members.

### **Trust and integrity**

All participants commit to:

- Valuing the trust we have in each other, honour confidentiality and share our views openly and directly
- Ensuring that all clinical photography is authorised by the clinical team leader.

### **Preparation**

All participants commit to:

- Preparing physically, mentally and professionally for the trip, including completion of all relevant reading materials supplied by No Roads to Health
- Attending the pre trek briefing once in Port Moresby.

### **Comradeship**

All participants commit to:

- Taking care of, relying on and supporting each other
- Recognising each other's skills and abilities and accepting different roles within the team
- Sharing the load. If others are tired or overwhelmed, offer to support them in reaching the team objectives
- Understanding that self-withdrawal from an activity is permitted but must be discussed with the trek leaders prior to occurring to minimise the impact on planned activities and other team members.

### **Leadership and discipline**

All participants commit to:

- Participation and completion of required documentation during the trek
- Recognising the need for someone to take the lead on issues, being clear when giving directions and managing any conflict by focusing on the issues
- Conducting themselves appropriately during social activities in order to maintain the reputation of the team.

### **Equity and diversity**

All participants commit to:

- Recognising the real power of the team will be our collective skill sets and varying opinions, attributes, religion and backgrounds
- Recognising the many religions that are active within the PNG communities including Seventh Day Adventists which is predominant on the track and the areas we support. Our clinical care should show consideration and respect for the people, their culture and religion.

**Gender and cultural sensitivities**

All participants will understand and accept that:

- The clinical team leader is responsible for managing and supervising clinical activities on the trip and ensuring that all clinical practices must be in accordance with the PNG clinical standards
- The relationships established with key stakeholders including AusAid and the PNG Department of Health are critical to No Roads to Health’s ongoing projects. Personal and professional behaviours need to be of a high standard recognising both gender and cultural sensitivities exist and that you are acting as an ambassador for No Roads to Health
- Sorcery plays a significant role in the lives of the PNG people. Consideration should be given to the influences and consequences of sorcery within the community
- PNG people’s culture is influenced by a “wontok system”. In areas of clinical care and health support, allocation of job roles and treatment of care should be of an unbiased nature.

***Agreement:***

***I hereby agree that I will commit to:***

- ***The code of conduct as stipulated above***
- ***The use of any video footage and photographs in which I may appear being later used to promote the work being undertaken in New Guinea by the No Roads Foundation.***

.....  
Signature

.....  
Name (please print)

.....  
Date